

Bakery On Main Gluten Free
Granola
Extreme Fruit & Nut
Family Size (22oz)

Nutrition Facts

Serving Size 3/4 cup (55g)

Servings Per Container about 11

Amount Per Serving

Calories 260 Calories from Fat 110

% Daily Value*

Total Fat 13g **20%**

Saturated Fat 2g **9%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 45mg **2%**

Total Carbohydrate 34g **11%**

Dietary Fiber 3g **11%**

Sugars 11g

Protein 4g

Vitamin A 2% • Vitamin C 0%

Calcium 4% • Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet.
Your daily values may be higher or lower depending on
your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Sat Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Potassium			3,500mg	3,500mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Ingredients: Corn Flour, Water, Evaporated Cane Juice, Rice Flour, Rice Bran, Raisin Juice Concentrate, Honey, Salt, Non-GMO Canola Oil, Sunflower Seeds, Flax Seed, Raisins, Sesame Seed, Coconut, Walnuts, Hazelnuts, Almonds, Cranberry (Sugar), Pecans, Apricot, Brazil Nuts, Natural Flavors, Sea Salt.

Contains: Tree nuts, sesame seeds and sunflower seeds.
May contain nut shell fragments.