Bakery On Main Gluten Free
Granola
Apple Raisin Walnut
Snack Size (1.5 oz.)

Nutrition Facts

Serving Size 1 package (43g)
Servings Per Container 1

Amount Per Serving	
Calories 190	Calories from Fat 80
	% Daily Value*
Total Fat 9g	**14%**
Saturated Fat 1g	**4%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 35mg	**1%**
Total Carbohydrate 25g	**8%**
Dietary Fiber 2g	**8%**
Sugars 8g	
Protein 3g	

Vitamin A 0%	•	Vitamin C 0%
Calcium 4%	•	Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Ingredients: Corn Flake (corn flour, water), Evaporated Cane Juice, Rice Crisp (Rice Flour, Rice Bran, Raisin Juice Concentrate, Honey, Salt), Expeller Pressed Canola Oil, Walnuts, Sunflower Seeds, Raisins, Apple, Sesame Seed, Flax Seed, Cinnamon, Natural Flavors, Sea Salt.
Contains: Tree nuts, sesame seeds and sunflower seeds.

May contain nut shell fragments.